

# University of Pretoria Yearbook 2020

## Christian spirituality: Christian spiritual practices 220 (SRY 220)

<b>Qualification</b>	Undergraduate
<b>Faculty</b>	<a href="#">Faculty of Theology and Religion</a>
<b>Module credits</b>	10.00
<b>Prerequisites</b>	No prerequisites.
<b>Contact time</b>	2 lectures per week
<b>Language of tuition</b>	Module is presented in English
<b>Department</b>	Systematic and Historical Theology
<b>Period of presentation</b>	Semester 2

### Module content

An introduction to spiritual practices like meditation, prayer and an exploration of spiritual formation.

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